

Hertfordshire Practical Parenting Programme CIC Do you have clients that need practical parenting support with their teenagers?



## We can help:

Parents, step parents and grandparents of children and young people
Families in need of practical parenting support
Families finding it hard to nurture and

- •Families with a communication
- breakdown
- •Parents with a lack of boundaries at home
- •Parents that are inconsistent with consequences
- •For families of teenagers

## We will cover:

- •Assertiveness for parents
- •Communication skills
- •Community speaker
- •Practical skills to handle conflict
- •Understand the different parenting styles
- •Practical skills addressing behavioural issues

<u>Venue</u> Bowes Lyon Centre, St. Georges Way, Stevenage SG1 1XY FREE 7 week course Every Thursday 9.45am to 12.15pm Starting 7<sup>th</sup> September 2017

## **Limited spaces**

Please send your completed referral form securely to info@hertfordshireppp.co.uk

For more information please phone 01992 638000