



Sign up to our **FREE** masterclass

How to support children with a limited diet?

**Date:**

**Time:**

This one hour session will be led by our nutritionists who can help you understand more about limited diets and offer their expert support. By signing up, you can:

- Share challenges and tips with liked-minded parents/carers
- Join an informal, inclusive and non-judgemental atmosphere
- Get lots of practical tips you can use for your family

This is available to all parents, whatever your child's age.

Secure your

**FREE** spot today

Click me  
to sign up



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Hertfordshire