Family Services Commissioning

Online ASD / ADHD Courses Autumn Term 2020

Provider	District	Name of Course	Description	Dates & Times
ADD-vance	Online	Introduction to ADHD/Autism	For parents/carers of children with a diagnosis or suspected diagnosis. Learning outcomes include : Understanding ADHD, autism and related conditions understanding and managing anxieties, how to set boundaries, and positive behaviour, good self esteem, managing siblings and navigating the education system	Various dates and times go to; https://www.hertfordshire.gov.uk/parentingsupport https://www.hertfordshire.gov.uk/localoffer
	Online	Teens with ADHD/Autism		
	Online	Girls with ADHD/Autism		
	Online	Dads only		
ADD-vance, NESSie IN CIC, Supporting Links SPACE			A range of 1 to 2 hour online workshops for parents/carers of children with a diagnosis/suspected diagnosis of ASD or ADHD. Topics include: o Anxiety o Girls o Transitions o Siblings o Beginning of the journey (language and understanding the SEN world) o Toileting o Anger o For dads o Different age ranges o Internet safety o Sensory workshop o Sleep o Understanding the conditions o Puberty o EHCP o And more..	Various dates and times go to; https://www.hertfordshire.gov.uk/parentingsupport https://www.hertfordshire.gov.

Support also available from	
Hertfordshire Practical Parenting Programme	**Support helpline and web information -** https://www.hertfordshireppp.co.uk/covid-19/
Safer Places—https://www.saferplaces.co.uk/	Support information and helpline. Online Triple R courses available - referrals from professionals via website

Hertfordshire