

This bulletin has been put together to assist professionals in supporting the young people of Dacorum within the Covid19 social restrictions for the summer school holidays

Support Services



The [Families First Portal](#), includes a directory of services supporting all Hertfordshire families. Please ensure your support service is listed



The [SEND Local Offer](#) lets parents and young people know what special educational needs and disabilities

services are available in Hertfordshire, and who can access them.



Although for younger families, if you have a family who would benefit from some targeted support please contact dacorum.fcsenquiries@inspireall.com

/ 01442 953170 prior to completing the referral form to discuss available support.

Sports and Physical Activity



Herts Sports Partnership – Work out from Home Platform:

The Covid-19 pandemic has affected the way we exercise and stay active. HSP has put together a suite of tools, resources and more importantly, activities, to help keep everyone moving

<https://sportinherts.org.uk/workoutfromhome/#content>



Fit, Fed and Read - This summer's project will look different to previous years but still aims to offer a high quality physical activity programme including support with literacy and a nutritious meal every day free of charge. View the criteria and [Make a referral](#)

Youth Activities



Detached work taking place in both St Albans and Dacorum Districts in parks and open spaces, with experienced youth workers to offer, socially distanced conversation which will lead to our service supporting the most vulnerable young people in need in 1:1 support or those who could make use of our online groups.

In July we will increase the number of sessions into the evenings as we are getting reports of gatherings and sometimes nuisance incidents.

National Citizens Service (NCS) Update: - personal development programme for years 11 and 12 (15-17 year olds) - currently awaiting approval of the new virtual/outdoor offer.

Positive Alternatives Positive Alternatives is a project for young people aged 11-17 incorporating practical sport or art sessions with interactive workshops which explore personal safety, understanding exploitation, gang culture and crime. Each session includes 2 hours of sports /

arts activities delivered by specialist staff. On completion of the programme young people will receive a certificate of participation and a £30 Amazon voucher.

Click here to [refer a young person](#)

Parks and Outdoor Activities

Following the Government announcement in June, most playgrounds across the borough reopened on Saturday 4 July 2020. Please note that some facilities, such as public toilets, may not be open at all sites.



There are four adventure playgrounds across the borough, which are free to use and cater for 8 to 16 year olds (children under 8 are welcome when accompanied by an adult). They are a safe environment for children to meet, play and learn. In accordance with government guidance, the four adventure playgrounds in Dacorum will open from Monday 6 July at 4pm. Children must be supervised at all times by an appropriate adult, regardless of age. [More info](#)

Arts and culture

Herts Year of Culture – countywide activity:

<https://www.creativehertfordshire.com/whats-online/>

Herts Year of Culture - Dacorum activity:

<http://www.dacorum.gov.uk/home/community-living/community-partnerships/hertfordshire-year-of-culture>

Herts Inclusive Theatre –live and interactive activities online including drama, yoga and games/arts & crafts

<https://hit-theatre.org.uk/whats-on/events>

Electric Umbrella – inclusive music charity offering a programme of online music activities 'EUTV'

<https://www.electricumbrella.co.uk/>

Herts Inclusive Theatre –live and interactive activities online including drama, yoga and games/arts & crafts

<https://hit-theatre.org.uk/whats-on/events>

Other Activities

Apex Multisports – Summer Multi-Activity and Dance Holiday Camps (Fee £30)

The summer holiday camps will be running from ST CUTHBERT MAYNE SCHOOL. Running from this venue for the whole summer holidays with social distancing in place and only 3 bubbles of 15 students.

More info can be found <https://apex360.co.uk/>

ADD MORE LOCAL ACTIVITIES