

Confidential, welcoming & safe support for women

<u>Please disseminate to other agencies as you feel appropriate, to reach and support victims of domestic abuse</u>

Cherished will be taking over as lead agency for the Freedom Programme in Dacorum, while the Children Centres undertake their changes to Family Centres.

We therefore will be running each week at South Hill Centre (location only disclosed to public on a need to know basis) Thursday mornings from 9.30 to 11.30.

We will be running this as a rolling programme including the school summer holidays. However, there will be NO provision for children in the school holidays. (2<sup>nd</sup> August 2018 to 30<sup>th</sup> August 2018) It is not deemed appropriate to bring children to this programme.

When the schools return in September we will again have a creche provision for pre-school age children. (6<sup>th</sup> September 2018)

Our **Domestic Abuse Recovery Toolkit** will start again 14<sup>th</sup> September 2018, helping survivors who have left their perpetrator and looking for help with self esteem and confidence following an abusive relationship. (12 weeks)

And, our **You and Me, Mum** course will start again 17<sup>th</sup> September 2018, which aims to empower and support survivors in furthering their understanding of their role as mothers and in addressing the needs of children and young people who have lived with domestic abuse. (11 weeks)

More information can be found on our website <u>www.iamcherished.co.uk</u>, and referrals can be taken either via <u>enquires@iamcherished.co.uk</u> or **01442 767390**