

## Gardening—Planting for Sustainability @ ASCEND Dig Deep

**Fridays**  
23 June to  
14 July 2023  
10am to 1pm



@ ASCEND Dig Deep Allotment Project,  
Newport Mead, South Oxhey WD19 6EW.

A comprehensive introduction on how to get the most from your garden in an eco-friendly way.

- Make Herb and Summer bulb planters
- Increase your plant stocks by taking cuttings
- Natural pest controllers
- Choose plants that attract pollinators
- Right plant - right place! What plants to choose for our ever changing climate

£15 for Hertfordshire residents  
Call Jane on 07483 104910 for more information.

[www.ascend.org.uk](http://www.ascend.org.uk) @ascendcharityuk

ASCEND STEP SKILLS COMMUNITY FUND

## Wildlife Watch @ ASCEND Dig Deep

**Mondays**  
26 June to  
17 July 2023  
10am to 1pm



@ ASCEND Dig Deep Allotment Project,  
Newport Mead, South Oxhey WD19 6EW.

- A comprehensive introduction on how to encourage wildlife friends into your garden.
- Bird feeders, boxes and bat boxes
- Choosing plants to attract pollinators & companion planting
- Bug palaces and other wildlife shelters
- Natural pesticides and fertilizers

£15 for Hertfordshire residents  
Call Jane on 07483 104910 for more information.

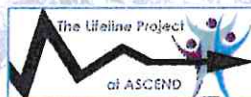
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# LEARN .... ENJOY .... GROW!

## Dig Deep Volunteers

Every Thursday 10am to 3pm



Want to meet new people and spend time in the great outdoors in a tranquil urban oasis?



Come and join our friendly Dig Deep volunteers, Learn gardening and conservation skills, Grow flowers, fruit & vegetables, Help maintain a variety of garden areas including our poly-tunnel.

ASCEND Dig Deep Allotment, Newport Mead, off Kilmarnock Road, South Oxhey.

For further details about joining our volunteers please ring 0208 420 1364

or e-mail: [admin@ascend.org.uk](mailto:admin@ascend.org.uk)

ASCEND—Charity No: 1073909

