

June 2020

During the COVID-19 lockdown, the HSCP and HSAB are offering a limited amount of training courses **via a live webinar, using MS Teams**  
(Click [here](#) for guidance/advice on using MS Teams)

Join us for live webinars and learn about the latest safeguarding practice  
**Please click [here](#) for Booking Conditions**

## Training Courses in this month's Bulletin

- ❖ Safeguarding & Child Protection Multi-Agency Course
- ❖ HSAB Multi-Agency Safeguarding Adults Awareness
- ❖ Physical Abuse in Children (previously the 'Bruising Lite Bite')
- ❖ Disguised Compliance & Avoidant Families
- ❖ Safeguarding Vulnerable Groups
- ❖ Adverse Childhood Experiences (ACEs) – An Introduction; more courses coming soon

See next page  
for courses  
and availability

## June 2020

**We will keep you updated with upcoming training and when we will be resuming our face to face training courses.**

**If you have any queries, please email Jane Savage:  
[Jane.savage@hertfordshire.gov.uk](mailto:Jane.savage@hertfordshire.gov.uk)**

## Safeguarding and Child Protection Multi Agency Course

Held over two 1.5hr sessions starting at 9:45am and finishing at 2.45pm, via MS Teams (equivalent to a one day training session)

**Target audience:** Any professional working with children and their families

**Attendance criteria:** Delegates must have completed Level 1 Safeguarding/Child Protection training within their own agency.

### Learning Outcomes:

By the end of the course, participants will:

- gain knowledge of what to do when participants suspect that a child is suffering abuse;
- be aware of the locally agreed procedures and the expectations of the participant's role in safeguarding and promoting the welfare of children and the importance of working together to achieve this;
- have an understanding of key relevant legislation and statutory guidance in this area;
- consider the needs of the child across the continuum of care, from early help to child protection utilising the local thresholds document;
- refresh their practitioner knowledge of the key categories of harm and how these might be identified;
- look at what happens after the concern has been raised and acknowledged; and
- look beyond the referral at how concerns are addressed including the child protection conference process.

Date	Availability
23 June 2020	FULLY BOOKED
15 July 2020	FULLY BOOKED
1 September 2020	Places available
8 September 2020	Places available
5 October 2020	Places available
15 October 2020	Places available
10 November 2020	Places available
9 December 2020	Places available

**For bookings, please visit the HSCP website  
[website](#)**

**You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses**

June 2020

## HSAB Multi-Agency Safeguarding Adults Awareness

Held over two 1.5hr sessions starting at 9:45am and finishing at 2.45pm, via MS Teams (equivalent to a one day training session)

**Target audience:** This training course is suitable for Safeguarding leads/Champions within an organisation and anyone working with adults, who wants to increase their understanding of safeguarding adults.

**Attendance criteria:** An awareness raising multi-agency training session developed for practitioners across Hertfordshire with a responsibility for safeguarding adults at risk.

### Learning Outcomes:

- To develop or refresh awareness of what to do when we suspect or know an adult is being abused;
- To recognise the different kinds of abuse, signs and symptoms identified in safeguarding adults guidance, including emerging issues such as self neglect, exploitation and modern slavery;
- To have an understanding of legislation and national and local guidance related to safeguarding adults, with reference to the duties identified in the Care Act 2014 and Making Safeguarding Personal;
- To consider recent developments in learning arising from local and national safeguarding adults reviews;
- To understand the processes of assessment, planning and review for adults at risk and your agency's possible involvement;
- To recognise the importance of working together in a multiagency approach.

Date	Availability
21 May 2020	FULLY BOOKED
7 July 2020	FULLY BOOKED
21 October 2020	Places available

**For bookings, please visit the [HSAB website](#)**

**You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses**

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## Physical Abuse in Children (previously the 'Bruising Lite Bite')

Held over a 1.5hr session starting at 10am, via MS Teams (equivalent to a half day training session)

**Target audience:** Health Visitors, School Nurses, Social workers, Assistant Team Managers, Team Managers, Nursery Nurses, Child Care Workers, Children Centre Staff, Teachers, Police Officers, CAIU, Youth workers, Allied Health professionals, GPs

**Aim of the Course:** To enable the multi-agency team to recognise and respond to physical abuse in children

**Pre-course Work:** Please see the '**Download Course Materials**' link from our training website, under the '**Pre-course**' section, you will be able to access all the pre-reading materials and download the preparation worksheet.

**Please note** – The documents for download are useful reading and tools for you and we recommend that you read these as part of your forward learning around Physical abuse in children.

There are also tools to help you with reflection of your own practice.

Please also download '**Assessment of marks in babies under 6 months**'

### Learning Outcomes:

- To embed the practice of using the HSCP pathways for physical abuse
- To raise awareness of Serious Case Reviews involving physical abuse of children
- To broaden knowledge around assessment of bruising in small children
- To enable professionals to effectively respond and refer for children where physical abuse is suspected

Date	Availability
17 September 2020	Places available

## Disguised Compliance & Avoidant Families

Held over a 1.5hr session starting at 10am, via MS Teams (equivalent to a half day training session)

**Trainer** Professor Brian Littlechild

**Target audience:** Practitioners from all agencies working with children, young people and their families

**Aim of the Course:** This is a multi-agency course giving practitioners the opportunity to recognise, deal with, and at times challenge, the behaviours of resistance and avoidance tactics employed by potentially aggressive parents.

**Pre-course Work:** Please see the 'Download Course Materials' on our training website where, under the 'Pre-course' section, you will be able to access the schedule for the training session, a copy of the Disguised Compliance Top Tips booklet and a pre-course worksheet.

**Please note** – It is very important that the pre-course work is completed fully by all delegates prior to attending the training as it will form the basis for the first part of the session.

### Learning Outcomes:

- To improve the confidence and skills of professionals dealing with issues of disguised compliance.
- Offer challenge and peer support to staff no matter what level in order to facilitate discussions with families exhibiting possible disguised compliance tactics.
- To increase knowledge, skills and competence of staff to recognise the signs and respond appropriately when working with avoidant families.
- To meet a locally identified need by service providers and commissioners.

Date	Availability
6 October 2020	Places available
10 December 2020	Places available

For bookings, please visit the [HSCP website](#)

June 2020

## Safeguarding Vulnerable Groups

Held over two 1.5hr sessions starting at 9:45am and finishing at 2.45pm, via MS Teams (equivalent to a one day training session)

**Target audience:** Practitioners from all agencies working with children, young people and their families

**Aim of the Course:** This is a multi-agency course giving practitioners from a range of agencies the opportunity to consider and discuss safeguarding issues that arise for vulnerable children and young people.

### Learning Outcomes:

- to be able to recognise the categories of abuse and the impact that abuse has on vulnerable children and young people, including a particular focus on neglect and early help
- to increase knowledge regarding the prevalence of the abuse of vulnerable children and young people
- to raise awareness of the issues particular to working with children who have a disability
- to understand the responses required from professionals and others involved with vulnerable children and young people in order to adequately protect them
- to consider some of the barriers to detection and disclosure of the abuse of children and young people with disabilities
- to consider the findings of recent reviews, both locally and nationally, as well as key legislation and guidance and how this impacts on practice

Date	Availability
6 October 2020	Places available

For bookings, please visit the [HSCP website](#)

June 2020

## An introduction to Adverse Childhood Experiences, Trauma Informed Practice & Resilience

Keynote Speaker: Dr Warren Larkin

**Target audience:** Any professional working with children, adults and their families – **open to both HSCP and HSAB partner agencies.**

### Learning Outcomes:

This training will introduce you to the science of Adverse Childhood Experiences (ACE's) and the potential impact ACEs can have across the life course in terms of social, emotional and physical wellbeing. The sessions will explore the role of toxic stress and trauma on childhood development and adult life. The session will conclude by focussing on how resilience can offset the impact of adversity and trauma.

Click [here](#) for a brief introduction to ACEs and the Keynote Speaker

MORE DATES WILL BE SCHEDULED FOR LATER  
IN THE YEAR

**LOOK OUT FOR THE JULY 2020  
BULLETIN**

## June 2020

### Booking Conditions

#### HSCP training courses and charges

Our training courses build on the level 1 awareness sessions provided by agencies to their own staff.

Our programme includes full day and lite sessions. However, **during the Covid-19 period we are offering limited live webinar sessions, via MS Teams.**

All learning events are run by knowledgeable trainers and experts in the field, so you can be sure that the content will be interesting, stimulating and reflects safeguarding best practice in Hertfordshire.

#### Course Charges

There is a charge for all delegates from agencies that do not contribute to the HSCP or HSAB budget, including schools, district and borough councils, out of county providers and profit making private and independent organisations.

The charge for a full-day course is £75.00 per person

The charge for a half-day course is £50.00 per person

The charge for a Lite Bite sessions is £30 per person

Courses are free of charge to HSCP and HSAB contributory member agencies and the voluntary sector.

#### Cancellation Charges

Cancellation charges apply to everyone including those who fall into the free of charge payment category. Charges are as follows:

£75 per person per full-day course

£50 per person per half-day course

£30 per person per Lite Bite session

Cancellation charges applied if delegates fail to attend on the day or fail to cancel in writing at least 14days in advance of the course.

### MS Teams Guidance

Please note, you don't need to have Office 365 products (MS Teams) on your tech (PC, laptop, tablet or smartphone) to join as a guest, as long as you have a good broadband connection, a microphone and a web browser. (You do not necessarily need a webcam for this session).

We can offer to run it as a 'test' session, using Microsoft Teams. Jane Savage, our Training Coordinator, will contact you prior to the event to offer a test session.

**Please be aware that all delegates are able to view your email address in the Microsoft Teams invite**

## What are ACEs – a brief introduction

There is a substantial body of research, which originated in the United States, demonstrating the link between a selected group of ten **Adverse Childhood Experiences** (known as **ACE's**) and the development of detrimental health and social outcomes later in life including life expectancy and long term physical and mental health.

The ACE studies have shown that when people are asked to look back at their own experiences, these adverse experiences are reported very commonly. Recent UK regional and national ACEs studies revealed that around 50% of the UK population experience at least 1 ACE, with around 12% experiencing 4 or more.

These findings indicate a need to prevent and respond more appropriately to experiences of adversity and public services, have an opportunity, at the point of initial contact, to routinely ask service-users about childhood adversity and trauma. Schools are well placed to identify those children, young people and families who are at risk or have experienced ACEs.

Repercussions of **trauma** experienced in childhood may persist through adolescence and into adulthood. Traumatic experiences can take many forms and can occur as a result of a natural event, as well as being human-caused through accidental or intentional acts.

### Keynote Speaker- Warren Larkin

Prior to founding Warren Larkin Associates in 2017, Warren spent 24 years in the NHS working predominantly with individuals and families experiencing serious mental health difficulties. First as an assistant working on the long-stay psychiatric wards at Prestwich Hospital and then as Clinical Psychologist in Manchester working in a service created to provide and research the impact of CBT and Family Interventions for people experiencing psychosis.

Warren went on to lead one of the two national IAPT SMI demonstration sites for psychosis – chosen to share and disseminate innovative practice in first episode psychosis services (FEP). This initiative contributed to the case for change which led to increased funding and the introduction of the two-week referral to treatment time in FEP services in England.

Warren then spent 5 years as Clinical Network Director, responsible for Children and Families Services across Lancashire. This experience led to Warren's passion for public health and prevention work.

Warren is a Consultant Clinical Psychologist and is also Visiting Professor at Sunderland University where he is working with the Faculty of Health Sciences and Wellbeing. He is involved in their research programme and delivers training for Public Health and Mental Health professionals.

Warren recently completed a 2-year tenure as the Clinical Lead for the Department of Health's Adverse Childhood Experiences programme and is now working with NHS Health Scotland to implement REACH (routine enquiry about adversity in childhood) in a number of GP practices.

He has a long-standing interest in the relationships between childhood adversity and outcomes later in life and has published numerous research articles on the topic of adverse childhood experiences, trauma and psychosis and published an edited book in 2006 (now commissioned for a second edition) exploring this theme.

Warren has also been involved in policy development and has acted as an advisor to a number of UK government agencies. He was a member of the Children and Young People's Mental Health Services National Task Force, the NICE expert reference group on first episode psychosis, the 'Tackling CSE' advisory group and was a contributing author of the recently published Personality Disorder Consensus Statement.

Warren developed the routine enquiry about adversity in childhood (REACH) approach as a way of assisting organisations to become more trauma-informed and to train professionals to ask routinely about adversity in their everyday practice.

He grew up in Wigan and suffers from intermittent imposter syndrome.