

May 2022

All our training courses are now via a live webinar, using MS Teams

([Guidance/advice](#) on using MS Teams)

Join us for live webinars and learn about the latest safeguarding practice.

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BROOK TRAFFIC LIGHT TOOL TRAINING Harmful Sexual Behaviours



Aim:

The training and accompanying Tool equip professionals to make consistent and informed decisions that neither stigmatise nor criminalise young people. Participants will learn about healthy sexual development, understand key laws relating to sexual behaviour and gain knowledge on enabling robust and meaningful conversations around harmful sexual behaviours that cause concern.

Audience:

Safeguarding Leads within individual agencies who can support their colleagues/team when there is a need to use the Brook Traffic Light Tool. Once trained, delegates will receive a licence to access the Brook Traffic Light Tool, which they can use to support their colleagues/teams in identifying harmful sexual behaviours. **Please note: this training is not open to workers from Children's Services - Children's Services L&D will be providing training via their platform**

Schools

The HSCP are funding licences for Schools to access this training via e-learning. Please contact hscpcourses@hertfordshire.gov.uk for further information.

Joining:

As we are limiting the number of licences per agency, can **Agency Leads please identify who in their agency they would like to put forward** via email - hscpcourses@hertfordshire.gov.uk – giving their preferred date of training and a backup date. **Booking for this training cannot be done via our training website.** We will let the successful delegates know and will also keep a waiting list for any places that agencies do not require.

The dates/times for the training are below – each training sessions is 3.5hrs.

Date	Time
13 May 2022	1pm to 4:30pm
13 June 2022	9am to 12:30pm
4 July 2022	1p to 4:30pm

Working with Mothers with Emotionally Unstable Personality Disorder (EUPD)

Delivered by:

The HPFT Community Perinatal Team:

- Dr Sarah Cohen, Consultant Perinatal Psychiatrist
- Dr Shetal Patel, Clinical Perinatal Psychologist
- Dr Natasha Gray, Parent-Infant Psychologist.

Held over a 2.5hr session (with a 10min break) starting at 9:30am, via MS Teams (equivalent to a half day training session)

Target audience:

Non-mental health professionals who work with pregnant women and mothers who have Emotionally Unstable Personality Disorder, e.g. but not limited to Children's services practitioners; midwives and health visitors:

Content:

This course is to support staff who are working with families where parents (particularly the mother) has Emotionally Unstable Personality Disorder (EUPD). To include:

- Why EUPD develops; how it manifests and the impact of EUPD on the family in the perinatal period.
- Risks that EUPD poses and risk assessment
- Advice on working with mothers with EUPD to reduce risks
- Understanding and supporting the parent infant relationship when a parent has EUPD

Date	Availability
19 July 2022 9:30-12am	FULLY BOOKED
12 October 2022 1:30-4pm	Places available
10 January 2023 (:30-12am	Places available

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

For bookings, please visit the HSCP [website](#)

Graded Care Profile – a tool to be used when on-going Neglect is a concern

Held over a 3hr session (with a comfort break) starting at 10am, via MS Teams (equivalent to a half day training session)

Target audience: appropriate for any professionals working directly with children and their families within the home or other settings (social workers, health visitors, school nurses, community nursery nurses, specialist children's nurses, children centre workers, schools).

Aim of the Course: Understand the evidence based research behind the development of and use of the Graded Care Profile (GCP) tool kit, introduce the GCP tool kit, develop the skills to use the tool kit, understand the scoring system, consider how a GCP assessment is used in future service and support development for the children and their families.

Attendance Criteria: Basic/Stage 1 Safeguarding Children training should have been undertaken prior to accessing this training.

Learning Outcomes:

- There will be a better understanding of the GCP tool and how to use it
- Have an understanding how to adapt the way the GCP is used in regards to a family's needs/ability to participate
- Have a better understanding of how to complete the tool kit using multi-agency input
- The candidate will complete a GCP, the scoring and compile a future action plan to work with the family to reduce the risks/concerns
- The candidate will have a better understanding of when to step up their concerns using the GCP as additional evidence.

PRE-COURSE WORK

Please see the 'Download Course Materials' link on your training account dashboard where, under the 'Pre-course' section, you will be able to access the pre-reading material for the training session and copies of all the documents necessary for the session.

Please note – It is very important that the pre-course reading is undertaken by all delegates prior to attending the training as it will inform the most important parts of the session.

Date	Availability
12 July 2022 10am	4 Places available
28 September 2022 10am	Places available
24 November 2022 10am	Places available
20 January 2022 10am	Places available

For bookings, please visit the HSCP [website](#)

Understanding and Identifying Neglect, with a Focus on Early Help

Held over a 2hr session, with a short comfort break. Start time 10am.

Target audience: Any professional working with children and their families

Attendance criteria: Participants will have already attended child protection awareness training and have an understanding of the signs and symptoms of child abuse.

Aim of the Course: To provide professionals with a greater understanding of the concept of neglect and what current research tells us in relation to the abuse of children.

Learning Outcomes:

By the end of the course, participants will be able to:

- establish a working definition of neglect
- recognise signs and symptoms in children and young people who are suffering, or may be suffering, neglect
- explore the impact of neglect on child development
- make use of research and findings from Serious Case Reviews to inform practice
- gain understanding of the importance of a multi-agency approach to neglect

Date	Time
14 September 2022	Places available
29 November 2022	Places available
21 March 2023	Places available

For bookings, please visit the [HSCP website](#)

Safeguarding and Child Protection Multi Agency Course

Held over two 1.5hr sessions starting at 9:45am and finishing at 2.45pm, via MS Teams (equivalent to a one day training session)

Target audience: Any professional working with children and their families

Attendance criteria: Delegates must have completed Level 1 Safeguarding/Child Protection training within their own agency.

Learning Outcomes:

By the end of the course, participants will:

- gain knowledge of what to do when participants suspect that a child is suffering abuse;
- be aware of the locally agreed procedures and the expectations of the participant's role in safeguarding and promoting the welfare of children and the importance of working together to achieve this;
- have an understanding of key relevant legislation and statutory guidance in this area;
- consider the needs of the child across the continuum of care, from early help to child protection utilising the local thresholds document;
- refresh their practitioner knowledge of the key categories of harm and how these might be identified;
- look at what happens after the concern has been raised and acknowledged; and
- look beyond the referral at how concerns are addressed including the child protection conference process.

Date	Availability
23 June 2022	FULLY BOOKED
12 July 2022	Places available
8 September 2022	Places available
6 October 2022	Places available

For bookings, please visit the HSCP [website](#)

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

Child Sexual Exploitation Prevention, Protection & Investigation

Held over a 1.5hr session starting at 9:30am, via MS Teams (equivalent to a half day training session)

Target audience: Practitioners from all agencies working with children, young people and their families

Aim of the Course: To raise awareness of child sexual exploitation including typical indicators, grooming models, impact, responding to concerns, communication and engagement with young people, good practice guidance.

Learning Outcomes:

- What Child Sexual Exploitation means
- How to identify the vulnerability and risk factors of children/young people who are at risk of CSE and the reasons why they may become involved in, or targeted for, CSE
- The impact of CSE on a child/young person
- How to respond to concerns and share information, including making referrals to appropriate services in order to both protect and support the child/young person

Date	Availability
28 June 2022	Places available
6 October 2022	Places available
15 February 2023	Places available

For bookings, please visit the HSCP [website](#)

Physical Abuse in Children and Young People (Includes suspicious bruises/marks in children under 6 months)

Held over a 2hr session starting at 10am, via MS Teams (equivalent to a half day training session)

Target audience: Health Visitors, School Nurses, Social workers, Assistant Team Managers, Team Managers, Nursery Nurses, Child Care Workers, Children Centre Staff, Teachers, Police Officers, CAIU, Youth workers, Allied Health professionals, GPs

Aim of the Course: To enable the multi-agency team to recognise and respond to physical abuse in children

Pre-course Work: Please see the '**Download Course Materials**' link from our training website, under the '**Pre-course**' section, you will be able to access all the pre-reading materials and download the preparation worksheet.

Please note – The documents for download are useful reading and tools for you and we recommend that you read these as part of your forward learning around physical abuse in children.

Please also download **the HSCP Policy** [‘Management of Suspicious bruises/ marks in infants under 6 months for all front line professionals’](#)

Learning Outcomes:

- To embed the practice of using the HSCP pathways for physical abuse
- To raise awareness of Serious Case Reviews involving physical abuse of children
- To broaden knowledge around assessment of bruising in small children
- To enable professionals to effectively respond and refer for children where physical abuse is suspected

Date	Availability
10 June 2022 1:30pm	Places available
29 September 2022 10am	Places available
16 November 2022 1pm	Places available
25 February 2023 10am	Places available

See page below to book onto the Lunch & Learn
Sessions on the Bruising Policy

Child Protection Conference Training

Held over a 1hr 45min session , via MS Teams (equivalent to a half day training session)

Target audience: Health Services (GPs, health visitors, midwives, school nurses), School staff, Early Help staff, Probation, Children's Services staff (domestic abuse practitioners, mental health practitioners), Community Adolescent Mental Health Service, Community Mental Health Team, Adult services, Children's Centre staff.

Attendance Criteria: Delegates must have completed mandatory Basic/Stage 1 Safeguarding/Child Protection training within their own agency.

Aim of the Course: To learn about the structure and processes associated with a Child Protection conference and the methods and responsibilities of those involved.

Learning Outcomes:

- Information on the conference style and structure
- Children's views
- What is expected of you – your role and responsibilities
- The role of the Child Protection Conference Chair
- Reports to conferences – how to write them, where to send them and what should be included.
- Timescales.
- Decision making process.
- Outcomes of a plan, process of monitoring progresses
- Differences between Child in Need and Child Protection
- Child protection process beyond the conference

Date	Availability
7 June 2022 10am	Places available
15 September 2022 1:30pm	Places available
8 November 2022 10am	Places available

For bookings, please visit the [HSCP website](#)

Disguised Compliance & Avoidant Families

Held over a 2hr 15min session, via MS Teams (equivalent to a half day training session)

Trainers: Health and Children's Services Partners

Target audience: Practitioners from all agencies working with children, young people and their families

Aim of the Course: This is a multi-agency course giving practitioners the opportunity to recognise, deal with, and at times challenge, the behaviours of resistance and avoidance tactics employed by potentially aggressive parents.

Pre-course Work: Please see the 'Download Course Materials' on our training website where, under the 'Pre-course' section, you will be able to access the schedule for the training session, a copy of the Disguised Compliance Top Tips booklet and a pre-course worksheet.

Please note – It is very important that the pre-course work is completed fully by all delegates prior to attending the training as it will form the basis for the first part of the session.

Learning Outcomes:

- To improve the confidence and skills of professionals dealing with issues of disguised compliance.
- Offer challenge and peer support to staff no matter what level in order to facilitate discussions with families exhibiting possible disguised compliance tactics.
- To increase knowledge, skills and competence of staff to recognise the signs and respond appropriately when working with avoidant families.
- To meet a locally identified need by service providers and commissioners.

Date	Availability
14 June 2022 9:30am	FULLY BOOKED
18 October 2022 9:30am	Places available
7 February 2023 1:30pm	Places available
13 June 2023 9:30am	Places available

The Trio of Risk (Domestic Abuse, Mental Health and Substance Misuse)

Two 3hr sessions available; one starting at 10am and the second starting at 13:30pm, via MS Teams (equivalent to a half day training session)

Target audience: Practitioners from all agencies working with Families and Young People

Aim of the Course: To raise awareness of the impact that Parental Mental Health, Parental Substance Misuse and Domestic Abuse has on children and young people.

Learning Outcomes:

- improve the knowledge, skills and working practices to better identify substance misuse, mental health and domestic abuse and the risks to children and the roles and responsibilities of agencies.
- explore the impact of substance misuse, mental health and domestic abuse on families and parenting from the perspective of the children.
- review and identify the signs associated with substance misuse, domestic abuse and mental health in parents and their extended families.
- provide harm reduction advice

Date	Availability
16 June 2022 9:30am	FULLY BOOKED
16 June 2022 1:30pm	FULLY BOOKED
11 October 2022 9:30am	Places available
11 October 2022 1:30pm	Places available
14 March 2023 9:30am	Places available
14 March 2023 1:30pm	Places available

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

For bookings, please visit the [HSCP website](#)

Introduction to Mental Health

Target Audience:

Practitioners working with children and young people (age groups primary years 5 and 6, secondary schools and colleges)

Facilitator:

Herts Minds

Overview:

This session provides a universal introduction to mental health by increasing knowledge of how mental health relates to everyone. Individuals will be provided an overview of common mental health issues including, prevalence, signs and how they can affect young people. The session covers stigma and will help improve confidence in attendees around talking about mental health. The session closes with a brief overview of the 5-W2WB and makes attendees aware of the support available across Hertfordshire. This session is versatile in the audiences it may be tailored for.

Date	Availability
12 September 2022 10am to 11:30am	Places available
12 December 2022 10am to 11:30am	Places available

For bookings, please visit the HSCP [website](#)

Emotional Wellbeing and Coping Strategies

Target Audience:

Practitioners working with child and young people

Overview:

This session focuses on how to maintain positive mental health. It gives a brief overview of the psycho-social emotional climate in young people and 3 key steps in how to identify emotions without judgement and choosing a response. You will learn research-based self-help strategies for positive emotional wellbeing relevant to young children and young adults, how to establish when further support is needed and how to access other support available.

Date	Availability
27 September 2022 2pm to 3:30pm	Places available
17 January 2023 2pm to 3:30pm	Places available

For bookings, please visit the HSCP [website](#)

Spot the Signs (Youth Suicide Prevention Course)

Target Audience:

Practitioners working with children and young people aged 9yrs to 20yrs.

Overview:

The purpose of this session is to increase participants' knowledge and awareness about youth suicide. We will explore information about which groups of young people are most at risk and why, protective factors and increase confidence in using practical strategies for identifying and responding to signs of risk in young people. You will be provided with some of the latest information and statistics in regard to suicide in young people. We will also explore the effects of media and contagion on youth suicide, with the internet having an important contemporary role. This session is most suitable for individuals working/ caring for 9-year to 20-year olds.

Learning Outcomes:

- Have a broad awareness of suicide in young people, including being able to recognise some of the latest statistics and risk factors
- Understand some of the misconceptions surrounding suicide in young people and be aware of the impact of stigma.
- Have increased confidence in responding to and supporting young people with suicidal thoughts.
- Have an increased knowledge of services available in Hertfordshire to support young people with suicidal thoughts.
- Know where and when to signpost young people to for additional support.

Date	Availability
20 June 2022 10am to 2:30pm	FULLY BOOKED
17 October 2022 10am to 2:30pm	Places available
27 February 2023 10am to 2:30pm	Places available

For bookings, please visit the [HSCP website](#)

Adolescent Development

Target Audience:

Practitioners working with children and young people

Overview

In this workshop we discuss mental health stigma, how adolescence is perceived and how to navigate interpersonal interactions in a way that promotes emotional wellbeing. This will be done in the context of the types of changes adolescents experience socially, psychologically and biologically. Content centred on how to improve resilience and communication will explore the benefits of talking openly, developing a support network, managing expectations and what to do if a conversation around mental health has not gone as planned. Attendees will receive a signposting guide of organisations to contact if they are ever in need of external support.

Learning Outcomes:

- Have an increased global understanding of the adolescent experience and a broader understanding of mental health
- Feel more confident holding and/or instigating a conversation around mental health and wellbeing
- An understanding of how to foster resilience in young people

Date	Availability
11 July 2022 10am to 11:30am	FULLY BOOKED
7 November 2022 2pm to 3:30pm	8 Places available
20 March 2023 10am to 11:30am	Places available

For bookings, please visit the [HSCP website](#)

Voice of the Child – Opening Doors Facilitator: Triangle

Aims:

Adult responses to early concerns are key to children's safety. Guidance to front line staff can be very prohibitive, often telling people what not to do. This programme takes the opposite approach and will give participants:

- An understanding of observational commentary and how this can help a child to tell.
- An understanding of the elements of good forensic questioning, including question types and why they matter so much.
- Ways to keep an open mind when listening to children, including a range of open-ended questions and prompts that safely 'open doors' for children.
- Approaches to quickly establish rapport with children and set safe expectations when exploring initial concerns, including strategies for working with children in the presence of other adults.
- Knowledge about how trauma, impairment and disability can affect a child's vulnerability and communication.

By the end of the course, participants will be able to:

Open doors for disabled children and all children

All sessions are 9:30am to 12:30PM

Date	Availability
22 September 2022	8 Places available
1December 2022	Places available
26 January 2023	Places available

For bookings, please visit the HSCP [website](#)

Lunch & Learn: Prevent – Misogyny & Violence Against Women and Girls in the context of Extremism

**Facilitator: Sophie Lawrence, Prevent Programme Manager,
Community Protection, HCC**

Aims:

To understand the growing links between misogyny, VAWG and extreme ideologies such as branches of Satanism, the Incel movement and the Islamic State.

Please do be aware that this is new research into a sensitive topic and the presentation contains sensitive content and imagery.

All sessions are 12:30pm to 1:30pm

Date	Availability
21 November 2022	Places available
28 February 2023	Places available
7 March 2023	Places available

For bookings, please visit the HSCP [website](#)

Lunch & Learn: Understanding how Channel counters terrorism

Facilitator: Sophie Lawrence, Prevent Programme Manager, Community Protection, HCC

Aims:

This session will look at the aims and objectives of the Channel Panel, how it operates and the legislation that underpins the work carried out in this space. We have seen Channel feature in news headlines recently in relation to recent terrorist activity and in relation to the Government's Independent Review of Prevent – this is a topical session and will benefit those who are interested in safeguarding individuals from the harms of extremism and terrorism.

All sessions are 12:30pm to 1:30pm

Date	Availability
4 October 2022	Places available
22 November 2022	Places available
1 March 2023	Places available

For bookings, please visit the HSCP [website](#)

NEW COURSES PLANNED FOR 2022/23

- Contextual Safeguarding
- Lunch & Learn – Referrals to Children's Services (thresholds and processes)
- Lite Bite
 - Eating Disorders
 - Self Harm
 - Anxiety

We are currently working on dates for the above courses and will be included in future programme editions.

For bookings, please visit the HSCP [website](#)

HSAB Multi-Agency Safeguarding ADULTS Awareness

Held over two 1.5hr sessions starting at 9:45am and finishing at 2.45pm, via MS Teams (equivalent to a one day training session)

Target audience: This training course is suitable for Safeguarding leads/Champions within an organisation and anyone working with adults, who wants to increase their understanding of safeguarding adults.

Learning Outcomes:

- To develop or refresh awareness of what to do when we suspect or know an adult is being abused;
- To recognise the different kinds of abuse, signs and symptoms identified in safeguarding adults guidance, including emerging issues such as self neglect, exploitation and modern slavery;
- To have an understanding of legislation and national and local guidance related to safeguarding adults, with reference to the duties identified in the Care Act 2014 and Making Safeguarding Personal;
- To consider recent developments in learning arising from local and national safeguarding adults reviews;
- To understand the processes of assessment, planning and review for adults at risk and your agency's possible involvement;
- To recognise the importance of working together in a multiagency approach.

Date	Availability
15 June 2022	Places available
13 October 2022	Places available
24 January 2023	Places available

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

For bookings, please visit the HSCP/HSAB [website](#)

HSAB Training Offer for Practitioners Working with ADULTS

Webinars in partnership with the NHS

Learning Thursdays – running on the third Thursday of every month from 12:30 to 13:30. These are lunch and learn sessions which cover a variety of topics. Please check the website for details.

Recorded sessions available to watch at:

[Safeguarding Virtual Learning Weeks \(eastsafeguardinglearningplatform.co.uk\)](https://eastsafeguardinglearningplatform.co.uk)

You will need to register by clicking on the Register tab

HSAB Training Offer for Practitioners Working with ADULTS

Resilience through self-compassion (wellbeing session for practitioners)

Facilitator: Mike Riggans, Mind Hertfordshire Network

This session will look at how we can increase our emotional resilience by using self-compassion. We will explore what self-compassion is and how it can help us regulate and balance our emotions which is key in building emotional resilience. It will explore our threat, drive and soothe system and provide us with a toolkit to increase our ability to self-soothe.

For bookings, please visit the HSCP/HSAB [website](#)

Booking Conditions

HSCP training courses and charges

Our training courses build on the level 1 awareness sessions provided by agencies to their own staff.

Our programme includes full day and lite sessions. However, **during the Covid-19 period we are offering limited live webinar sessions, via MS Teams.**

All learning events are run by knowledgeable trainers and experts in the field, so you can be sure that the content will be interesting, stimulating and reflects safeguarding best practice in Hertfordshire.

Course Charges

There is a charge for all delegates from agencies that do not contribute to the HSCP or HSAB budget, including schools, district and borough councils, out of county providers and profit making private and independent organisations.

The charge for a full-day course is £75.00 per person

The charge for a half-day course is £50.00 per person

The charge for a Lite Bite sessions is £30 per person

Courses are free of charge to HSCP and HSAB contributory member agencies and the voluntary sector.

Cancellation Charges

Cancellation charges apply to everyone including those who fall into the free of charge payment category. Charges are as follows:

£75 per person per full-day course

£50 per person per half-day course

£30 per person per Lite Bite session

Cancellation charges applied if delegates fail to attend on the day or fail to attend on the day or fail to cancel in writing at least 14days in advance of the course.

MS Teams Guidance

Please note, you don't need to have Office 365 products (MS Teams) on your tech (PC, laptop, tablet or smartphone) to join as a guest, as long as you have a good broadband connection, a microphone and a web browser. (You do not necessarily need a webcam for this session).