



## What is National Careers Week?

National Careers Week is a free yearly event which brings together young people, teachers, careers advisers and employers to share information and resources about the world of work and the range of opportunities available to you. It's a great opportunity to find out more about different career pathways, start thinking about your future options and access resources and advice from potential employers.

This year National Careers Week is happening virtually and will take place between 1<sup>st</sup> and 6<sup>th</sup> March. The theme is 'Believe' and will focus on the wide range of options that are open to you, as well as thinking about how your unique skills and interests can help you decide on your ideal career! Even if you already know what you'd like to do, why not take a look? You never know what you'll find.

## Feeling positive about your future

After a year of uncertainty and anxiety caused by Covid-19, it's sometimes difficult to feel positive or hopeful about the future. It's important to remember that the world of work is always changing and adapting, and that people are very resilient and always find ways to cope with change.

Even if it seems that the future is more uncertain now than it was a year ago, there will be lots of different opportunities that are right for you!

## Did you know?

Although your parents or grandparents may have worked in just one or two job roles, this is increasingly unusual today. In 2017, one study revealed that the average person will change job six times during their working life, and 46% of people re-trained for a different career entirely! So even though you may be feeling under pressure to decide on your future job now, try to remember that the decisions you make are not final.

## Getting started

Everyone's career pathway is different, so try not to worry if yours looks different to your friends! Some people may have always known what they want to do after school or college, and others will have lots of different ideas and need some guidance.

Think about your skills – what you're good at and what you enjoy – when researching different job roles, and don't forget that you can call 0300 123 7538 or click [here](#) to talk to one of our Employment and Training Advisers for free. If you're still feeling confused about what your interests and skills are, you can take the government's free careers quiz [here](#).

## Monday 1st

### 11am: Welwyn Hatfield Virtual Careers Fair

Meet employers and hear about the variety of job opportunities that they offer, which industries will have the most future opportunities, and how to identify and develop your skills. [Welwyn Hatfield Virtual Careers Fair](#)

### Virtual Careers Fair (National Careers Week)

Take part in the UK's largest celebration of careers, with no sign-up required! With five virtual floors representing global employers and Higher Education providers, it's your chance to explore key sectors, download resources, watch videos and access hints and tips. [VCF: Welcome \(ncw2021.co.uk\)](#)

### STEM Ambassadors Illuminating Careers: Virtual Careers Fair (AECOM)

Chat live to 25 employers, ask questions and gain insight into careers in a variety of STEM industries. [STEM virtual careers fair](#)

## Tuesday 2nd

### 4pm: Career Conversations: Info for Parents & Care-givers (NatWest Group)

Hear from graduates, apprentices and recruiters to find out more about their experiences and insights into career planning, including how you can support a young person you know. [integrate-events.com](#)

### 4:30pm: UK University Series (Unifrog)

If you're interested in going to uni in the South East, come along to this info session to hear from four institutions! There are lots of sessions looking at other areas in the UK throughout the week so it's worth having a browse: [Webinars](#)

### 9am: Digital Transformation UK: National Careers Week Special (Lloyds Banking Group)

Learn about how to get started in a technology career, with a focus on software engineering. You can also hear directly from staff about their experiences, including those on apprenticeship and graduate schemes. [Digital Transformation: National Careers Week](#)

## Thursday 4th

### 11:30am: Virtual Careers Event (MBDA Missile Systems)

Chat to the team to learn more about their experiences and what a MBDA career could look like! [Careers Events: MBDA Careers](#)

### 6pm: Career Conversations: Info for Teachers (NatWest Group)

Hear from graduates, apprentices and recruiters to find out more about their experiences and insights, including how you can best support young people with making career decisions [integrate-events.com](#)

## Monday 8th

### 2pm: No Room for Clichés Webinar (Royal Air Force)

Hear from graduates, apprentices and recruiters to find out more about their experiences and insights, including how you can best support young people with making career decisions. [RAF Registration Page](#)

For more information, resources, advice and tips, you can visit [www.ncw2020.co.uk](#)

## Resources

Why not kick off the week with a KS4 introduction [Assembly](#)? This link has interesting information about how technology has changed the world of work, as well as the skills that could benefit you in the future!

You can visit [Unifrog](#) to browse pre-recorded webinars exploring a wide range of different subjects, skills and industries.

Young people and teachers alike can access five lesson plans on [startprofile.com](#) - explore your skills and goals, as well as find out ways to boost your research skills to find your dream job.

Parents and care-givers can click [here](#) for resources to explore how they can best support you when thinking about your future career.

**Sector Spotlight:** If you're interested in working in a hands-on, technical role, [Skillnet](#) are the largest provider of apprenticeships in the automotive industry.

**Sector Spotlight:** There is growing demand for health and social care professionals, as well as many different ways to get started. Check out [skillsforcare.org.uk](#) or [Entry Routes](#) to find out more.

## Making plans for your future?

Whether you're starting to think about your future career for the first time, started a college course or apprenticeship and realised that it wasn't for you, or even completed your education but are struggling to find work because of Covid-19 – YCH SfYP is here to support and help you.

YCH SfYP Personal Advisers can support you with researching your options, making decisions about your future goals, or even suggesting new possibilities that you might not have previously considered.

## Not in education, training or employment?

YCH SfYP's *Pathways to Success* programme is designed to support young people who are not currently in education, work or training, or anyone who might become so.

YCH SfYP Personal Advisers will support you on a one-to-one basis to identify your skills and interests, work on your CV, practise your interview skills, and boost your employability. It's completely free and you may be eligible for a £50 voucher on completion of the programme!

## What have other young people said about our careers support?

'I always felt that I had help and guidance when I needed it. I had somebody looking out for me and keeping me on track.'

'I really enjoyed our sessions, they really helped me boost my confidence and to pick the right course.'

'The help I got from YCH SfYP has really helped me with bringing up my confidence and to get on a programme I liked. Now I feel happier about my future.'

'YCH SfYP inspired me to go to college. They helped me get a place and the learning support I needed.'

## Where you can get support

Our qualified Personal Advisers are available for face-to-face, email or virtual support. Some schools and colleges have a YCH SfYP Personal Adviser who comes in once or twice a week, but if not you can still make an appointment for a meeting by email or over the phone.

## Contact Us

Call **0300 123 7538** to book a free appointment with a YCH SfYP Personal Adviser. You can also email us directly on: [ychsfp@hertfordshire.gov.uk](mailto:ychsfp@hertfordshire.gov.uk)



# YCH

Services for Young People