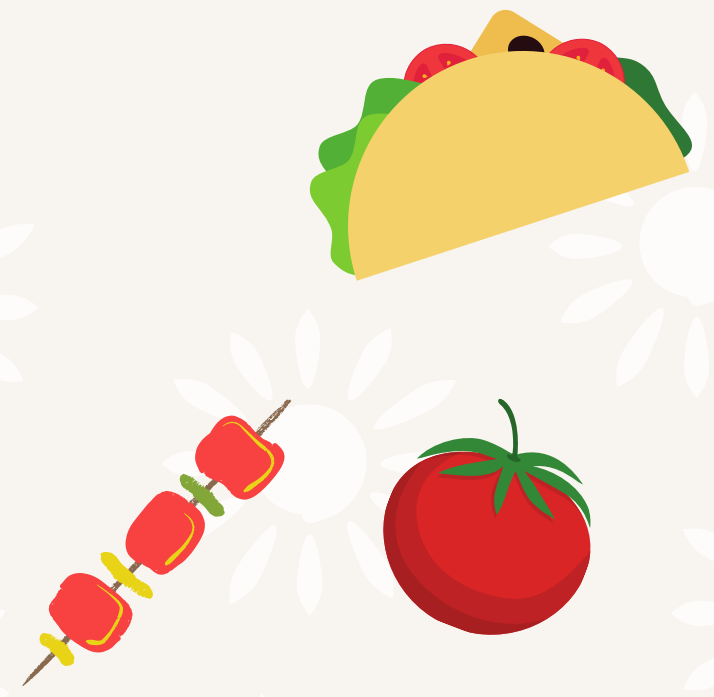




JOIN BEEZEE BODIES FOR OUR FUN FOOD FRENZY



Join us for our 2 hour sessions this summer, jam packed with FUN, FOOD and ACTIVITIES! Each session will include a cook-a-long involving some top tips from our trained nutritionists, 1 hour of fun physical activity and an activity pack to help you keep up a healthy lifestyle this summer!



Every Session is 11am till 1pm

LETCWORTH GARDEN CITY

Jackmans Community Centre,
Ivel Ct, SG6 2NL

Tuesday 27th July
Tuesday 3rd August
Tuesday 10th August

HITCHIN

Westmill Community Centre,
Bingen Rd, SG5 2PG

Tuesday 17th August
Tuesday 24th August
Tuesday 31st August

Available to any families in North Herts with a child under the age of 12. Parents must attend and any siblings are welcome!

TO SIGN UP FOR FREE:

Phone 01707 248648 or email us at info@beezeebodies.co.uk



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bodies

Healthy
hub
North Herts



NH
DC

