Peer Support Service

Now available of Separation Sep 388

The Peer Support Service is for adults recovering from mental ill health and their carers. Support Workers with a lived experience of mental ill health, work in collaboration with you and provide individually tailored support to help you create new beginnings and achieve your goals. This one to one service is free with a number of sessions offered, depending on individual need.



Our Peer Support Service is very successful with 9 out 10 clients being very satisfied with this service.

For more information call us on 02037 273500 or via email info@hertfordshiremind.org



www.hertfordshiremind.org

T: **02037 273500**

e: info@hertfordshiremind.org







