

Mondays

Positive Alternatives Project
Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Monday 4pm-6pm
For young people aged 11-17

Cheshunt Street Project
Monday 6.30pm-8.30pm
For young people aged 11-17

Be Yourself Be Proud LGBT+
Call or email for details
Monday 7pm-9pm
*LGBT+ young people
aged 13-17*

Tuesdays

Hoddesdon Street Project
Tuesday 3pm-5pm
For young people aged 11-17

Hoddesdon Project
Pound Close Community Centre,
Hoddesdon, EN11 OPE
Tuesday 7pm-9pm
For young people aged 11-17

Supporting You Project
Cheshunt Young People's
Centre, 178 Crossbrook Street,
Waltham Cross, EN8 8JY
Tuesday 6.30pm-8.30pm
For young people aged 11-17

Focus LD Project (age 13-17)
Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Tuesday 7pm-9pm
*For young people aged 13-17
with learning disabilities*

Wednesdays

Healthy Relationships Project
Cheshunt Young People's Centre,
178 Crossbrook Street,
Waltham Cross, EN8 7JY
Wednesday 6pm-8pm
For young people aged 11-17

Broxbourne Youth Council
Herts Young Mariners Base,
231 Windmill Lane,
Cheshunt EN8 9AJ
Wednesday 7-9pm
*For young people aged 11-17 who
want to make a difference in their
community*

Focus LD Project (age 18-24)
Waltham Cross Young People's
Centre, Stanhope Road,
Waltham Cross, EN8 7DJ
Wednesday 7.15pm-9.15pm
*For young people aged 18-24 with
learning disabilities*

Thursdays

**Fiesta Emotional Wellbeing
Project**
Cheshunt Young People's
Centre, 178 Crossbrook Street,
Waltham Cross, EN8 7JY
Thursday 6pm-8pm
For young people aged 11-17

Stand Up Project
Waltham Cross YPC, Stanhope
Road, Waltham Cross, EN8 7DJ
Thursday 7pm-9pm
*For BAME young people aged
11-17*

LGBT+ Online Project
Online via Microsoft Teams
Thursday 8-9pm
For LGBT+ aged 18-24

Fridays

Waltham Cross Street Project
Friday 3.15pm-5.15pm
For young people aged 11-17

**Waltham Cross
Friday Night Project**
Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Friday 7pm-9pm
For young people aged 11-17

**Duke of Edinburgh
(DofE) Award**
Cheshunt Young People's
Centre, 178 Crossbrook Street
Waltham Cross, EN8 7JY
Every third Friday
7pm-8pm (14-17years)
8pm-9pm (18-24 years)

Saturdays

**The Cross Presents
Saturday Night project**
Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Saturday 6.30pm-8.30pm
For young people aged 11-17



Scan to view the
latest list of projects



CALL 01992 588220 TEXT 07860 065173
EMAIL sfyp.broxbourne@hertfordshire.gov.uk

 @hccsfyp

 @BroxbourneTeam

Services for
Young People



Pathways to Success

ARE YOU LOOKING FOR A JOB, APPRENTICESHIP,
VOLUNTEERING OR FURTHER EDUCATION?

ARE YOU AGED 15 – 24?

SIGN-UP AND WE CAN HELP YOU GET THE JOB
OR TRAINING YOU WANT.

WORK EXPERIENCE, INCENTIVES,
CV, INTERVIEWS, JOBS!

 CALL 0300 123 7538
TEXT 07860 022943

EMAIL SFYP@HERTFORDSHIRE.GOV.UK

Services for Young People

Why join Pathways to Success?

Services for Young People can help you to improve your chances of finding a job, training or college course by:

Connecting you with your very own Personal Adviser who will support you with identifying and achieving your next steps

Working with you to identify, develop and promote your personal strengths and skills to future employers

Supporting you with a 5 to 15 day work experience placement

Helping you write your CV, obtain a reference from your work experience employer and prepare for interviews

Coaching you so you can build your confidence and develop the best techniques for getting a job or apprenticeship

Finding job vacancies and opportunities available to you

About Pathways to Success

Part-funded by the European Social Fund (ESF), Pathways to Success is a tailored programme which combines careers activities that are proven to enable entry into Education, Employment or Training (EET) for young people who are not in education, employment or training (NEET) or are at risk of becoming so. The programme runs until 31 December 2023.

Scan to find out more about Pathways to Success on our website



Who are Services for Young People?

Hertfordshire County Council's Services for Young People provide free youth work projects, information, advice, careers guidance, work-related learning and wider support for all young people in Hertfordshire.

Access Point Projects

Access Point Projects provide young people with access to free and confidential information, advice, guidance and sexual health services.

You can come in and talk to us about:

- Careers advice
- Training & apprenticeships
- Independent living skills
- Emotional wellbeing & mental health
- Sexual Health Services
- Free condoms
- Pregnancy tests
- Screening for Chlamydia & Gonorrhoea
- Finances and housing
- Substance misuse

All young people in Hertfordshire aged 13-19 are welcome at any of our Access Point Projects. They are also available for care leavers aged 18-24 and for young people aged 13-24 with any type of disability.

Planning for your future

Our Personal Advisers can support you with researching your future career options, identifying your skills and strengths, deciding your goals, and even suggesting new possibilities that you might not have previously considered.

Text CAREERS to 07860 065173 to connect with one of our team.

Broxbourne's Access Point Project takes place at Cheshunt Young People's Centre. For opening times and exact locations, please visit our website.



CALL 01992 588220 TEXT 07860 065173
EMAIL sfyp.broxbourne@hertfordshire.gov.uk

Five ways to wellbeing

It's been a tough couple of years, and exam season is approaching, so you might be feeling down or worried. The following tips have been researched by New Economics Foundation, and recommended by the NHS:

Connect: Social relationships are important for good mental health. Stay connected to your friends and family and surround yourself with people who value who you are. Find time to speak face to face – don't always rely on social media or messaging apps.

Be Active: Exercise endorphins are a great mood booster! Studies show lower rates of anxiety and depression in people who regularly exercise. It doesn't even have to be very intense – a walk with a friend or some online exercise classes are a great place to start.

Take notice: Also known as mindfulness, savouring the moment and living in 'the now' helps you to appreciate what you have, understand yourself better and make more informed life choices.

Learn: We know you do lots of learning at school or college, but there are plenty of other activities that can benefit your mental health. You could read a new book, listen to a podcast or research something you're interested in.

Give: People who help others are more likely to feel happy, so try out some acts of kindness which boost your wellbeing as well as making others feel good, too.



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